For The Complete Sport Experience

COMPLETE SPORT

WWW.COMPLETESPORT.ORG.UK

SPORT TO THE BEAT

WWW.SADIEFLOWER.COM

FULL DAY WORKSHOP

Introducing this 5 hour fusion of dance and sport for every child to be a part of.

Run by
Professional Dance & TV Star Sadie Flower
and
CompleteSport Director Clayton Flower

who have joined forces to create this exciting and active full day workshop at your school.

CLAYTON FLOWER
COMPLETESPORT

SADIE FLOWER
SFDC

LEARN SPORT & DANCE SKILLS TO YOUR FAVOURITE SONGS

IMPROVE YOUR FITNESS & ENJOY ACTIVE EXERCISE

CREATE YOUR OWN SPORT TO THE BEAT CLASS ROUTINE

PRIZES AWARDED FOR SPECIAL ACHIEVEMENTS

For more information on this fantastic opportunity at your school, Please contact us using any of the following details.

CLAYTON FLOWER	SADIE FLOWER
CS DIRECTOR	SFDC DIRECTOR
T: 07977 253 693	T: 07769 848 142
info@completesport.org.uk	info@sadieflower.com
www.completesport.org.uk	www.sadieflower.com